

Family Integrated Care Committee



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Mount Sinai Hospital
NICU

FIC Committee Members

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Introducing the FIC Champions:

Lee DiFonzo—Co -lead
Rose Owen—Co-lead
Dr. Karel O'Brien
Dr. Yenge Diambomba
Marianne Bracht
Kristy MacDonnell
Elena Nikolsky
Josephine Buena-Miranda
Rebekah Bushby
Reem Dabbagh
Lisa Dalmacio

Sarah Downie
Sara Elliott
Sheeba Ishmael
Emily Jerrett
Jodi Klinck
Anna Kornienko
Bonnie Lao
Jennifer Manghi
Tina McPherson
Ana Marie Nagy
Assanna Naumov
Joy Notarte

Christine Nguyen
Shelley Nodwell
Cora Peniera
Alana Pimm
Vangie Pineda
Melissa Redmond
Maggie Richter
Audrey Sadler
Stephanie Samms
Ann Tozer
Dawn Turner
Joselia Viray

Did you know?

* The original FIC research study was call TLC (teach, learn, care)

Integrating parents into the care of their infant

Encouraging and supporting parents to participate in the NICU
Helping parents to learn about their baby

FIC Bundle

Four Pillars of FiCare
Nurse Education
Parent Education
Parent to Parent Support
Environment

FIC Bundle

- Orientation to NICU environment
- Parent Binder
- Parent Education Programs
- Whiteboard
- Parent Skill Checklist
- Holding & Skin to skin
- Parent participation in rounds
- Developmental care

RT Corner

Did You Know?



Make skin to skin easier with a helping hand from the NeoGrip!

The NeoGrip can help hold up CPAP/vent circuits or monitoring cables.



They are located in the wire cart (top shelf) next to the RT equipment in the Zone utility rooms :)



-Your friendly neighborhood RTs

Parents on Rounds

The parent rounds cheat sheet was a joint initiative between Unit Council and the FIC Committee.

The cheat sheets are designed as a framework for parents to report on rounds. This gives them confidence and focuses on their role in their baby's care.

These can be found at each communication station beside the RN rounds cheat sheet.

They are on orange paper so that they are easily distinguishable.

Please encourage parents to use these sheets.

Any questions please contact Ana Marie Nagy or any FIC champion.

Parent Rounds		
Baby's Name		Date
Birth Weight	Current Weight	IT grams
Gestation	Corrected Gestation	Days Old
Feeding Update	NNS Breastfeeding x ___ /day	
	Bottling x ___ /day	
	Pumping- milk supply - _____	
Skin-to-skin update	Yes No	Total Duration (mins)
	Baby's response	
Developmental care (Rolls/no rolls, flat bed, bundled, play chair, alert, etc.)		
Questions / Concerns (Transfer/ Discharge plan)		

Admission Checklist

Admission Checklist

- Parents in for first visit
- "Your first 24-48 hours in the NICU" pamphlet given to parents
- Orientation to:
 - Baby space
 - Parent space
 - Hand Hygiene
 - Pump Room
 - Lounge
 - Visiting Policy
- Parent Binder in the Room/Parent Mailbox

This initiative came from the FIC committee members as a reminder to staff.

This is laminated so that one can check off what has been done and what is left to do. Use a dry erase marker to check off items done. At the end the board can be erased, cleaned and used again with the next patient.

Please direct any questions to a FIC champion.

Parent Mailboxes

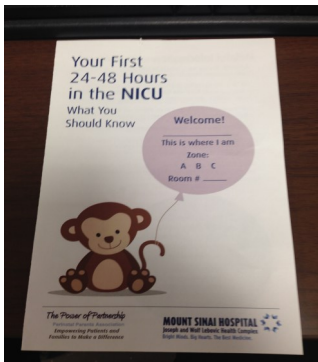
These mailboxes are located in each room in the parent space.

These mailboxes are to hold the parent binder, and serve as a means of communication and information sharing with parents.

They are to stay in the room and will be cleaned by the SAs when the infant is discharged.



24-48 hours NICU Parent Pamphlet



The pamphlet is now coming with the admission paperwork.

If you do not receive a pamphlet, please contact the ward clerk .

Please ensure the family received the pamphlet on the first visit.

Remember to check it off on your admission checklist.

Whiteboards

Please remember to update your whiteboard every shift.

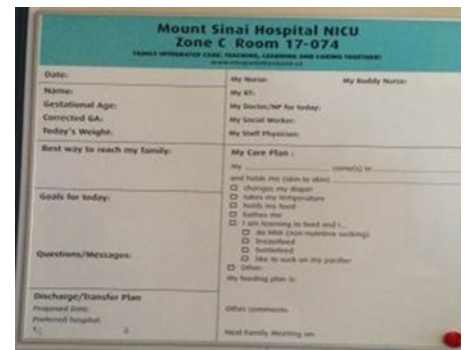
Audits are being done biweekly.

Criteria for completion include:

- Date
- RN names
- RT Name
- Parent phone numbers
- Transfer hospital

Audits to date:

- September 2015 43%
- October 16, 2015 73%
- October 30, 2015 59%
- November 6, 2015 63%



Family Integrated Care

T E T M G T N P P S Z O E V R
S R H R J I A X T Q R H G E M
C K O V O R D S D I Z X D N D
G O O P E N I B E O N N I B R
K W M N P L P N V E I C E N A
C J T M K U T Y E B U K E H O
U S C C I A S C L S M M G M B
Y S E R T T E A O D P V M A E
N H K I M Q T R P N W Y S I T
C S O I M T L E M U N L A L I
I N U D N X H R E O N S D B H
B U N D L E K P N R W W Y O W
B O G N I N O I T I S O P X V
A F C J E D U C A T I O N K J
E T A N O E N B L Q L A C R U

BINDER
CHECKLIST
EDUCATION
NICU
POSITIONING
SUPPORT

BUNDLE
COMMITTEE
MAILBOX
ORIENTATION
ROUNDS
WHITEBOARD

CARE
DEVELOPMENTAL
NEONATE
PARENTS
SKIN